

# CONDITIONED RESPONSE REFLEXOLOGY

We are excited for Vera Krijn to return to Denmark in May 2021 to present her amazing and inspiring workshops for an Effortless Pregnancy and Gentle Childbirth, Stress, Anxiety, Chronic pain and Palliative Care



AALBORG, May 1 and 2 From 9:30 – 17:00  
HERLEV, May 6 and 7 From 9:00– 16:30

Recognized with: 15 RAB points and 15 ARCB CEU's

## TAKING REFLEXOLOGY INTO THE 21ST CENTURY



2021

Initially created for an effortless birth, this dynamic method is based on a 25-year evidence-based practice that uses explanations based on scientific evidence. Medical Doctors refer Vera to patients who suffer from various medical challenges because CRR® has been proven to be effective. During this 2-day workshop you will learn how to compliment your existing skills with “Conditioned Response Reflexology” skills

[WWW.VISITDENMARK.COM](http://WWW.VISITDENMARK.COM)

Pregnancy is a life altering experience that involves physical discomfort, stress and anxiety. This workshop will change the way you practice reflexology and shatter some longstanding myths. You learn new concepts and techniques to nurture pregnant women through a positive journey towards an effortless and positive birth experience. Inspired by “Pavlov’s principle”, CRR® perpetuates the somatic efficacy of reflexology.

**Day 1:** Biology of Stress on Maternal and Fetal Health, Pavlovian learning, Pain 101, Breaking the cycle of Chronic Pain, Complications during Pregnancy, Compassionate Dialogue, Protocols, Techniques and Supplementary reflexes

**Day 2:** Stressors during childbirth, Everything you need to know about Childbirth, Breaking the Pain and Fear Cycle, Complications Childbirth Edema - Lymphatic Drainage Techniques, Postpartum support, Protocols, Techniques and Supplementary reflexes, Essential Vitamins and Minerals

**Participants will obtain competence in prenatal and childbirth education and learn practical skills to work with pregnant women and people suffering from anxiety, stress and chronic pain.**

**Language:** Easy understanding English - translations into Danish as required

**Material:** All Materials are included without addition charges

**Certificate:** Will be rewarded at the end of the second day of the workshop.

**CV19** The authorities' guidelines for corona's development are followed.

**May 1 and 2 9:00 – 16:30**

**Location:** AALBORG, Dansk Institut for Zoneterapi, Hjulmagervej 3. 9000 DK [www.difzt.dk](http://www.difzt.dk)

**May 6 and 7 9:00 – 16:30**

**Location:** HERLEV, Den Danske Zoneterapeut Skole (DDZ) Tornerosevej 72, 2730 [www.ddz.dk](http://www.ddz.dk)

**Registration:** Danish Kroner 3.700.

**Registration.** no 2275 IBAN DK83200006888140393 SWIFT NDEADKDK. (Danish Registration - Nordea. Reg.nr 2275 - Konto nr. 6888140393)

**May 5th – 9:00 - 16:00 - 7 RAB points**

One day follow up class for students of 2020

**Location:** HERLEV, Den Danske Zoneterapeut Skole (DDZ) Tornerosevej 72, 2730 [www.ddz.dk](http://www.ddz.dk)

**Registration:** Danish Kroner 1.990



**Catering:** Lunch and refreshment are included.

**Transport :** Both schools are easy to reach by public transport, from Copenhagen International Airport “Kastrup” and Central Station.

**Accommodations:** possibilities at and nearby both locations.

**Additional information:** Leila Eriksen, Denmark,

**Mobile phone** (+45) 26 18 95 90

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**LIMITED SEATS SO QUICK REGISTRATION IS ADVISED.**

VERA KRIJN - USA



Vera Krijn is a client-centered practitioner with 25 years practical proficiency in fertility, pre-natal and postpartum related issues. With insight and wisdom, she has helped couples overcome various challenges for them to conceive naturally and helps to prepare couples for a rewarding birth experience and healthy baby.

She was president of the New York State Reflexology and Tristate Reflexology Association and is the recipient of the “Eunice Ingham Pioneer award” from The Reflexology Association of America.

[WWW.FERTILITYBYCHOICE.COM](http://WWW.FERTILITYBYCHOICE.COM)

LEILA ERIKSEN - DK

